

# Immediate function with four zygomatic implants in patients with extreme maxillary atrophy – Case series

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## **ABSTRACT**

**Purpose:** Zygomatic implants have been in use since the 1990's for the treatment of patients with severely resorbed maxillae. Eliminating grafting combined with immediate function increases patient acceptance.

The purpose of this study was to evaluate a protocol for immediate function with fixed prostheses for patients with extreme maxillary atrophy, treated with four zygomatic implants (S.I.N.-Implant System, São Paulo, Brazil).

**Case series:** This retrospective clinical study included 10 patients with 40 immediately loaded zygomatic implants with fixed provisional acrylic prosthesis attached 5 to 6 hours after surgery. The patients' follow-up was from 12 to 60 months. Two zygomatic implants failed (implant survival rate 95%). There were no complications such as sinusitis, hygiene maintenance or speech impairment.

The results support the hypothesis that immediate function with four zygomatic implants is a viable concept. The clinical success for these patients was enhanced by the shorter time span of the treatment process and the immediate rehabilitation in a comfortable manner as compared to grafting based procedures.

**Conclusion:** The high survival rate, the increase of patient's demand in immediate functional ability and the less morbidity following the surgical procedure renders this immediate function zygomatic procedure a viable treatment option of the resorbed fully edentulous maxillae.

## **KEYWORDS**

Zygomatic implant, edentulous maxilla, atrophic maxilla, fixed maxillary prosthesis, immediate-function, immediate loading

## INTRODUCTION

Zygomatic implants have shown good clinical success rates in clinical studies, most often close to 100% success with follow-up periods of up to 5 years.<sup>16,17,18,19</sup> Sinuscopy performed in patients with zygomatic implants showed no signs of infection or inflammation in the surrounding mucosa.<sup>20</sup> The original concept featured a single implant in the zygoma bilaterally, combined with 2 to 4 conventional implants in the anterior maxilla. Although the method has proved to be predictable, bone grafting to the region below the nasal aperture is sometimes required prior to implant placement.<sup>21,22,23,24,25</sup> In an effort to provide a graft-free procedure for patients with atrophic maxillae and very severe bone resorption in the anterior maxilla, a modified technique utilizing multiple zygomatic implants anchored in the zygoma bone is presented.

Immediate function, a well documented concept,<sup>26,27,28,29</sup> where implants are immediately loaded after insertion has shown high success rates, provided high primary stability.<sup>30</sup> Histological analysis of the zygoma bone shows regular trabeculae and compact bone with an osseous density of up to 98%.<sup>31</sup> Due to this high bone density<sup>31</sup> and the high documented clinical success rates for zygomatic implants<sup>16-19</sup> it can be anticipated that this bone is suitable for immediate function.

The objective of the current study was to test the hypothesis that the immediate function protocol using four zygomatic implants in patients with extreme maxillary atrophy can be considered as a rehabilitation alternative.

## MATERIALS AND METHODS

The study was based on 10 patients treated at Clitrofa – Centro Médico, Dentário e Cirúrgico Lda. (Trofa – Portugal), by one and the same team, between January 2015 and January 2019, provided they met the inclusion criteria and gave their written consent to the procedure. The patients had four zygomatic implants (S.I.N.-Implant System, São Paulo, Brazil) placed bilaterally, all with straight abutments (S.I.N.-Implant System, São Paulo, Brazil). The patients were 7 women and 3 men, the average age for the women being  $58,57 \pm 12,67$  years and for the men  $69,67 \pm 2,31$  years. All the patients were non-smokers. Details of implant and abutment dimension per position and types of opposing jaws are shown in Table 1.

### Inclusion criteria

The inclusion criteria for the treatment were: i) need for complete rehabilitation of the edentulous maxilla; ii) no possibility for insertion of 5-6 standard implants in the anterior region of the

maxilla; iii) a posterior bone height of less than 5mm; iv) no sinusitis, polyps or any sinuses pathology; and v) psychological motivation to be treated.

### Surgical and prosthetic procedure

The pre-surgical radiographic evaluation included panoramic radiographs and CT scans which has been used previously<sup>2,9,10</sup> to identify the anatomic structures and detect any presence of pathology at the 3 levels to investigate: the maxilla, the sinus and the zygoma bone. Preoperative considerations should also involve shape of the face, degree of resorption, maxillo-mandibular jaw relationship and patient expectations. A narrow face will be unfavourable as far as intraoperative access and implant inclination are concerned. An edentulous mandible will facilitate access.

A palatal 45° incision along the entire maxillary crest, combined with a full thickness flap from maxillary crest to zygoma buttress and the suborbital nerve identification are the first steps to this surgery.<sup>7,8</sup> In order to determine the orientation of the zygomatic implant and to reflect the schneiderian membrane, a window was made by cutting at the upper limit between the zygoma bone and the sinus using a piezoelectric device. This window was also helpful during the surgical procedure for cooling the drills to avoid overheating.<sup>2,4,5,27</sup> In patients with existing implant-supported prostheses in the mandible, the prosthesis should be removed prior to the surgery.

Different drills were used with increasing diameters, ending with the insertion at low speed of the self-tapping zygomatic implant. The implant length was chosen by means of a gauge and can go from 32.5mm to 62.5mm.

The most posterior implant is placed first, the palatal entrance is made in the second molar region, with the implant running slightly posterior to the buttress and perforating the zygoma bone from the medial side. The entrance in the zygoma should be low and posterior, care must be taken to retract the soft tissue. It is important to use sharp twist drills; otherwise the drill will bend and slide along the medial side of the zygoma, or it may cause a fracture of the arch.

The second implant is placed in the premolar region, running along the infrazygomatic crest inside the sinus and perforating the middle aspect of the zygoma bone.<sup>11,12,13,14</sup>

Ideally, each implant should be supported by surrounding bone, at both the neck and the apex. Often, the crestal bone is very thin, and thus it is easy to create an entrance hole that is wider than the implant. In patients with very severe resorption, the entrance is sometimes located in compact palatal bone. It is

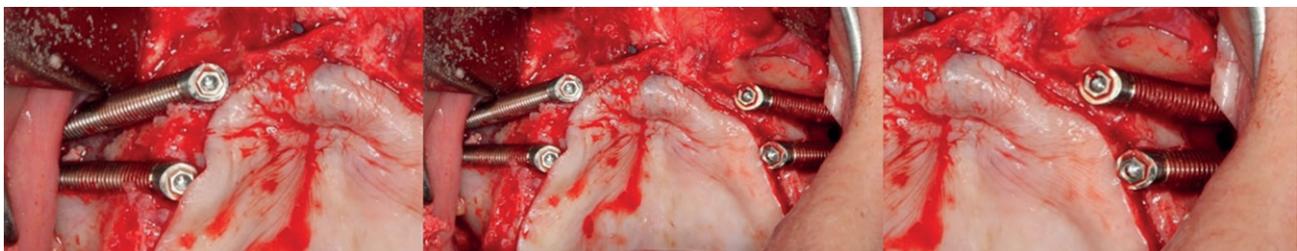


Figure 1. Intraoperative image showing the zygomatic implants position

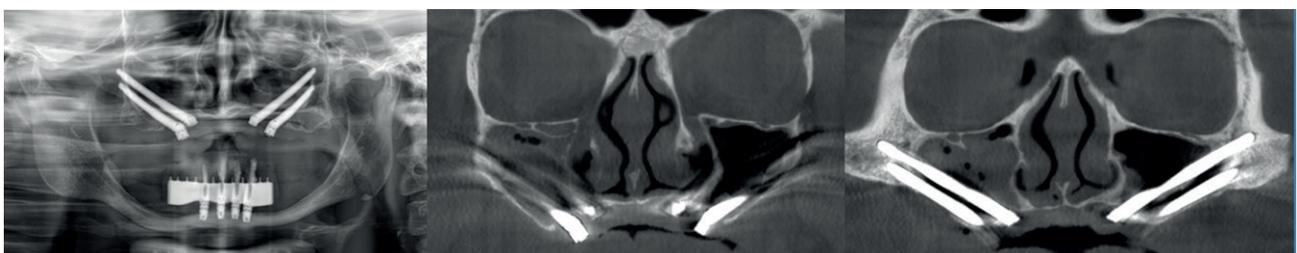


Figure 2. Post-operative imagiological protocol included panoramic radiographs and CT scans

then important that the palatal hole and the hole in the zygoma have exactly the same direction to avoid tension and difficulties during implant placement.

After insertion of the implants, the abutments were placed on the top of the zygomatic implant, the soft tissue closed and an immediate (5-6 hours after) provisional acrylic prosthesis reinforced by a metal strip, was provided for the patient. Final prostheses were placed after 5-6 months.<sup>32,33,34</sup>

### Survival criteria

An implant was classified as surviving if it fulfilled its purported function and was stable when tested individually after the removal of the prosthesis. Lack of gross mobility as well as the absence of pain upon percussion along with no sign of peri-implant pathology further determined the survivability of the implants.

### Follow-up

The patients were followed-up and the implants were checked for survival after 3 and 6 months and then once a year. It was not possible to judge the marginal bone change at the zygomatic implants as their placement orients the implant platform slightly palatal to the crest, superimposing the marginal bone over the

implant. Orthopantomograms were done on all the patients after provisional and definitive prosthesis insertion and a tomography at 12 months follow-up. All patients were followed-up according to plan and no dropout occurred.

### RESULTS

Follow-up of the patients from 12 to 60 months revealed no clinical symptoms but two of the 40 zygomatic implants failed, which means a success rate of 95% (Table 2). The prosthesis survival was 100%.

During surgery, the sinus membrane was perforated in all the cases; however, there were no important postoperative complication. In all cases substantial benefit in terms of oral function was obtained, and all patients reported improvement in self-esteem and social relations.

### Complications

Two complications were detected in 2 patients who lost one implant each; in both cases the implant lost was the first quadrant anterior zygoma.

A third complication was detected in 1 patient who presented a severe infection of the maxillary sinus, which was successfully treated with antibiotics.

## TABLES

**Table 1. Distribution of the Zygomatic Implants in Immediate Function**

Case	Age	Sex	Zygomatic Implant Length (mm)				Antagonist occlusion
			1stQAZ	1stQPZ	2ndQAZ	2ndQPZ	
<b>1</b>	68	F	42.5mm	45mm	42.5mm	45mm	Overdenture
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>2</b>	67	M	45mm	45mm	45mm	45mm	Acrylic prosthesis
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>3</b>	71	M	45mm	47.5mm	42.5mm	47.5mm	Natural Teeth
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>4</b>	70	F	42.5mm	50mm	45mm	50mm	Natural Teeth
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>5</b>	73	F	32.5mm	35mm	32.5mm	35mm	Total Implant-supported Rehab.
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>6</b>	54	F	32.5mm	32.5mm	32.5mm	32.5mm	Total Implant-supported Rehab.
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>7</b>	58	F	35mm	40mm	32.5mm	35mm	Total Implant-supported Rehab.
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>8</b>	49	F	40mm	45mm	37.5mm	40mm	Overdenture
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>9</b>	71	M	45mm	47.5mm	42.5mm	47.5mm	Natural Teeth
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	
<b>10</b>	38	F	37.5mm	42mm	45mm	50mm	Total Implant-supported Rehab.
<b>Abutment Type</b>			3mm	3mm	3mm	3mm	

1<sup>st</sup>QAZ – First Quadrant Anterior Zygoma

1<sup>st</sup>QPZ – First Quadrant Posterior Zygoma

2<sup>nd</sup>QAZ – Second Quadrant Anterior Zygoma

2<sup>nd</sup>QPZ – Second Quadrant Posterior Zygoma

Table 2. Life table analysis Zygomatic Implants					
Number of implants					
Duration	Total	Failed	Withdrawn	Not yet due	CSR
Placement- 6mo	0	0	0	0	100,0%
6mo- 1 yr	0	0	0	0	100,0%
1- 2 yrs	18	1	0	0	100,0%
2- 3 yrs	16	0	0	0	100,0%
3- 5 yrs	16	1	0	0	100,0%

CSR= Cumulative survival rate

## DISCUSSION

The result, 95% zygomatic implant survival rates and 100% prosthesis survival rate, supports the hypothesis that immediate function with four zygomatic implants is a viable concept. The high survival rate of the zygomatic implants mimics that of the 2-stage protocol<sup>15,16</sup> and it can be hypothesized that the dense bone structure of the zygoma bone is a contributing factor for this good outcome.

The clinical success for these patients was enhanced by the shorter time span of the treatment process. This technique allows the reduction in the total treatment time by eliminating the months usually required for bone grafts to mature before performing implants and eliminates the necessity of additional healing time required for implants.<sup>6,23,35,36</sup> As a consequence, the patients get immediate rehabilitation in a comfortable manner as compared to the grafting based procedures.

Furthermore, there are other benefits for patients subjected to this graftless treatment, such as improvement in self-esteem and social relationships which has been observed in the current study and by others.<sup>37</sup>

## CONCLUSION

The presence of sufficient bone volumes is one of the most important variables for successful oral osteointegration of implants<sup>1</sup>, wherefore restoration of atrophied edentulous maxilla poses a great dilemma for the surgeon and restorative dentist. Sinus bone grafting to build new bone for implant anchorage in atrophied jaws entail multiple surgical interventions, varying success rates of the implants, potential for donor site morbidity as well as increased surgical fees.<sup>2,3</sup>

Zygomatic implants with this technique may allow the surgical rehabilitation of patients presenting with severe maxillary resorption, providing a valid alternative with excellent support to dental rehabilitation either functionally either aesthetically.

## CONFLICT OF INTEREST

The authors declares that there is no conflict of interest regarding the publication of this article.

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